

2023 Oakcliff Spring Semester

Winter Sapling: For those not in school or taking a Gap Year – Oakcliff’s Winter Sapling Apprentice program remains available? These sailors will have the option of training and sailing with the Oakcliff team and will participate in other hands-on programming apart of Oakcliff’s boat schedule. This program or may be eligible for a college’s professional development credit. For instance: <https://igpe.buffalostate.edu/graduate-credit-professional-development>

Spots Available:

2-10 total

- 10 individuals focusing on Lasers, Melges 24, and Skiffs(flexible)
- All will cross-train as skipper and as crew and on all boats in anticipation that their height, weight will likely change as they mature.

Schedule and Events:

Typical Schedule

Time	SAILING DAY	SHOP DAY
0615/0715		Fitness Training
0900	Morning Meeting	Morning Meeting
1030	Class/Shop Project	Class/Shop Project
1200	Lunch	Lunch
1300	Boat Rigging	Shop Project
1330	Sailing	Shop Project
1630	Off-the water	Clean up
1700	Group Cleanup	Group Cleanup
1800	Dinner Schedule	Dinner Schedule
2000	Clean-up	Clean-up
2200	Lights out	Lights out

Weekends:

January- Trainees will learn about the shop and safe tool handling. Students/trainees will be competing in SCYC Frostbiting. Any planned skiff training will be scheduled during this month into February as well, depending on the training needs of the students/trainees.

February- Laser Frostbiting

On the water coaching in lasers by Staff Saturday and Sunday trainees will also be taking apart in shop projects, such as the painting of our Match 40's. Trainees will have the opportunity to become proficient in topics such as Rigging, Sail Repair, Composites, and

March- Laser Frostbiting, Melges 24 One Design Practice

On the water coaching in lasers moving in to 3 weeks of Melges 24 One Design Practice to prepare for Charleston Race Week or the Southeast Inland Championship. On the water coaching provided by Oakcliff coaches. Trainees will continue with shop projects.

April- Melges 24 Charleston Race Week

Students will have the chance to travel to compete in Charleston Race Week. Additionally, students will compete in the AYC Fall Series on the Turbo Farr 40s.

May- AYC Fall Regatta and Bermuda Prep.

Students/Trainees will start skiff training back up in Oyster Bay along with WAZP training on the weekends. By the end of May students will compete in the Around Block Island Race. Any additional sailing can be added apart of the summer programs. Apart of this month they will have the chance to obtain their International Safety at Sea certification.

All of the above is subject to change to allow quality sailing. Also, coaches have the ability to call a rest day depending on weather etc. Should have one non Melges/HP sailing day per week and it is OK if it is a non-sailing at all day.

Yearly Schedule

Spring Semester: Begins January 12 after Christmas Break

Students will leave with coaches to travel to Key West, Southeast Inland Championship, or Charleston Race week.

Mid-February to May fitness, technical skills (composites, painting, rigging sail making etc.)

Spring Semester finishes Monday May 1, 2023. Students will also have the chance to race offshore in the Around Block Island race and sign up for the Offshore I Annapolis Newport race.

Laser Frostbiting

Starting January 12, every Sunday from 1000-1500 on the water coaching and safety boat.

Team Workouts

Every Tuesday 1030-1130 the entire Oakcliff team gathers and trains in a fitness training session. 2-4 Addition training sessions will be worked into the USPA, Shop, and Sailing schedule every week.

Southeast Inland Championship

March 22- Departing Oyster Bay for Charleston Race Week

March 23- Rigging 1-2 Oakcliff Melges 24s

March 24- Team Practice (times weather dependent)

March 25-26- Charleston Race Week

March 26- De-rigging and depart for Oyster Bay

March 27- Additional travel day

Highlighted Shop Projects 2023

Painting Awlgrip non-skid match 40 decks

Composite repair and student project

Outboard Engines

Rigging and Splicing

Non-Sailing Activities

2020 Fall Student Saplings went on a 3 day, 11mile backpacking excursion in the High Peaks of the Adirondacks. Additionally, the students received culinary guidance on creating meals throughout the semester, went on team mountain bike trips, Oakcliff boat tour in NYC, and frequently explored nearby parks. 2022 Fall Winter Saplings attended several galas at the Metropolitan club and NYYC.

Structure: Executive Director – Dawn Riley
Trainee Advisor- Ethan Johnson
Chief of Operations – Matt Tamaras
Head Coach Skiff – TBD
Melges 24 Fleet Captain – Michaela R
Fitness Coaches: Ethan Johnson
RA's – 1 head RA working with coaches

Semester Tuition:

- Tuition for USPA High School Program: \$20,346
- Tuition for Winter Sapling Internship: \$3,500
- High School Tuition includes: Room and board, boat usage, coaching, electives, learning coach and school tuition.

- Student Sapling College includes: Room and board, boat usage, coaching, electives that may be used for college professional development.
- Winter Sapling includes: Room and board, boat usage, coaching. Winter Saplins are assigned to staff members for their apprenticeship times.

Some states will provide refunds, tax credit or student vouchers to offset tuition and need based scholarships are available: <https://www.edchoice.org/engage/brief-school-choice-in-the-states-january-2020/>

<https://www.edchoice.org/engage/fast-facts/#:~:text=There%20are%2029%20voucher%20programs,%2C%20D.C.%2C%20and%20Puerto%20Rico.>

- Meal plan: Included – but must cook one night a week and clean the same night
- Boat Usage: Included – but must fix what you broke
- Damage Deposit – Credit card must be on file – mostly to be used in the event of negligence as almost all breakages will be fixed by athletes as part of the training.
**Racing Damage deposits not included in tuition*
- Assuming full enrollment, a living coach may be hired to assist the Resident Assistants in coaching students on cooking, cleaning, laundry, etc. On site 6 days a week for two hours in the morning and two in the evening to keep everything organized and cleaned and does the meal planning (but not cooking)! This will ONLY be done if it is COVID safe.

Entry and Acceptance: USPA and Oakcliff Website

Entry into the bubble: Per COVID Policy

<https://www.oakcliffsailing.org/about-oakcliff/where-to-stay/>