2022 Oakcliff Spring Semester

<u>Winter Sapling</u>: For those not in school or taking a Gap Year – Oakcliff's Winter Sapling Apprentice program remains available? These sailors will have the option of training and sailing with the Oakcliff team and will participate in other hand's-on programming apart of Oakcliff's boat schedule. This program or may not be eligible for a college's professional development credit. For instance: <u>https://igpe.buffalostate.edu/graduate-credit-professional-development</u>

Spots Available:

2-10 total

- 10 individuals focusing on Lasers, Melges 24, and Skiffs(flexible)
- All will cross-train as skipper and as crew and on all boats in anticipation that their height, weight will likely change as they mature.

Schedule and Events:

Typical Schedule		
Time	SAILING DAY	SHOP DAY
0615/0715		Fitness Training
0900	Morning Meeting	Morning Meeting
1030	Class/Shop Project	Class/Shop Project
1200	Lunch	Lunch
1300	Boat Rigging	Shop Project
1330	Sailing	Shop Project
1630	Off-the water	Clean up
1700	Group Cleanup	Group Cleanup
1800	Dinner Schedule	Dinner Schedule
2000	Clean-up	Clean-up
2200	Lights out	Lights out

Weekends:

<u>January</u>- Trainees will have the opportunity to compete in the Southernmost regatta with on the Water training on Melges 24's. When students/trainees are off the Melges 24's we will be competing in SCYC Frostbiting. Housing and training in Key West apart of the Southernmost regatta.

February- Laser Frostbiting

On the water coaching in lasers by Staff Saturday and Sunday trainees will also be taking apart in shop projects, such as the painting of our Match 40's. Trainees will have the opportunity to become proficient in topics such as Rigging, Sail Repair, Composites, and

March- Laser Frostbiting, Melges 24 One Design Practice

On the water coaching in lasers moving in to 3 weeks of Melges 24 One Design Practice to prepare for Charleston Race Week. On the water coaching provided by Oakcliff coaches. Trainees will continue with shop projects.

April - Melges 24 Charleston Race Week

Students will travel to compete in Charleston Race week and have the potential to go to the Melges 24 Worlds. Additionally, Students will compete in the AYC Fall Series on the Turbo Farr 40s.

May- AYC Fall Regatta and Bermuda Prep.

Students/Trainees will start skiff training back up in Oyster Bay along with WAZP training on the weekends. By the end of May students will compete in the Around Block Island Race. Any additional sailing can be added apart of the summer programs. Apart of this month they will have the chance to obtain their International Safety at Sea certification.

All of the above always subject to change to allow quality sailing. Also, coaches have the ability to call a rest day depending on weather etc. Should have one non Melges/HP sailing day per week and it is OK if it is a non-sailing at all day.

Yearly Schedule

Spring Semester: Begins January 6 after Christmas Break

Students will leave with coaches to travel to Key West on

Mid-February to May fitness, technical skills (composites, painting, rigging sail making etc.) Spring Semester finishes Monday May 31, 2021. Students will also have the chance to race offshore in the Around Block Island race and sign up for the Offshore I Newport to Bermuda race.

Southernmost Regatta	
Depart JAX & Boat to Key West	14-Jan
Check-in, Setup, Launch	15-Jan
Practice Melges 24	16-Jan
Inshore Racing 1055	17-Jan
Inshore Racing 1055	18-Jan
Inshore Racing 1055	19-Jan
Inshore Racing 1055	20-Jan
Inshore Racing 1055	21-Jan
Arrive OAKCLIFF	22-Jan

Laser Frostbiting

Starting January 9, every Sunday from 1000-1500 on the water coaching and safety boat.

Team Workouts

Every Tuesday 1030-1130 the entire Oakcliff team gathers and trains in a fitness training session. 2-4 Addition training sessions will be worked into the USPA, Shop, and Sailing schedule every week.

Charleston Race Week

April 4- Departing Oyster Bay for Charleston Race Week April 5- Rigging 1-2 Oakcliff Melges 24s April 6-7- Team Practice (times weather dependent) April 8-11- Charleston Race Week April 12- De-rigging and depart for Oyster Bay April 13- Additional travel day

Highlighted Shop Projects 2021

Painting Awlgrip non-skid match 40 decks Composite boat repair and student project Outboard Engines Rigging and Splicing

Non-Sailing Activities

2020 Fall Student Saplings went on a 3 day, 11mile backpacking excursion in the High Peaks of the Adirondacks. Additionally, the students received culinary guidance on creating meals throughout the semester, went on team mountain bike trips, Oakcliff boat tour in NYC, and frequently explored nearby parks.

Structure:

Executive Director – Dawn Riley Trainee Advisor- Ethan Johnson Chief of Operations – Matt Tamaras Head Coach Skiff – Andres Guerra Melges 24 Fleet Captain – Chris Booher Fitness Coaches: Ethan RA's – 1 head RA working with coaches

Semester Tuition:

- Tuition for USPA High School Program: \$20,346
- Tuition for College, Non USPA: \$14,346
- Tuition for Winter Sapling Internship: \$3,500
- High School Tuition includes: Room and board, boat usage, coaching, electives, learning coach and school tuition.
- Student Sapling College includes: Room and board, boat usage, coaching, electives that may be used for college professional development.
- Winter Sapling includes: Room and board, boat usage, coaching. Winter Saplings are assigned to staff members for their apprenticeship times.

Some states will provide refunds, tax credit or student vouchers to offset tuition and need based scholarships are available: <u>https://www.edchoice.org/engage/brief-school-choice-in-the-states-january-2020/</u>

https://www.edchoice.org/engage/fast-

facts/#:~:text=There%20are%2029%20voucher%20programs,%2C%20D.C.%2C%20and%20Puer to%20Rico.

- Meal plan: Included but must cook one night a week and clean the same night
- Boat Usage: Included but must fix what you broke
- Damage Deposit Credit card must be on file mostly to be used in the event of negligence as almost all breakages will be fixed by athletes as part of the training.
 *Racing Damage deposits not included in tuition
- Assuming full enrollment, a living coach may be hired to assist the Resident Assistants in coaching students on cooking, cleaning, laundry, etc. On site 6 days a week for two hours in the morning and two in the evening to keep everything organized and cleaned and does the meal planning (but not cooking)! This will ONLY be done if it is COVID safe.

Entry and Acceptance: USPA and Oakcliff Website Entry into the bubble: Per COVID Policy <u>https://www.oakcliffsailing.org/about-oakcliff/where-to-stay/</u>